

# Richmond Municipal Natatorium (The Plunge) effective July 17-Aug 15, 2021



1 E. Richmond Ave. 510-620-6820

Monday 7a-1p/4p-7p	Tuesday 7a-1p	Wednesday 7a-1p	Thursday 7a-1p	Friday 10a-1p; 4-7p	Saturday 8a-1p	Sunday 12p-3p
7am – 7:45am	7am – 7:45am	7am – 7:45am	7am – 7:45am			
8am – 8:45am	8am – 8:45am	8am – 8:45am	8am – 8:45am		8am – 8:45am <i>*Masters</i>	
9am – 9:45am	9am – 9:45am	9am – 9:45am	9am – 9:45am		9am – 9:45am <i>*Masters</i>	
10am – 10:45am	10am – 10:45am	10am – 10:45am	10am – 10:45am	10am – 10:45am	10am – 10:45am	
11am – 11:45am	11am – 11:45am	11am – 11:45am	11am – 11:45am	11am – 11:45am	11am-11:45am	
12pm – 1pm disabled/elderly <i>*Masters</i>	12pm – 1pm disabled/ elderly	12pm – 1pm disabled/elderly <i>*Masters</i>	12pm – 1pm disabled/ elderly	12pm – 1pm disabled/elderly <i>*Masters</i>	12:00-1:00pm disabled/ elderly	12pm-12:45pm
						1pm – 1:45pm
						2pm – 3pm disabled/ elderly
4pm - 4:45pm				4pm - 4:45pm		
5pm – 5:45pm <i>*Masters</i>				5pm – 5:45pm <i>*Masters</i>		
6pm – 6:45pm <i>*Masters</i>				6pm – 6:45pm <i>*Masters</i>		

## Richmond Swim Center (RSC) 4300 Cutting Blvd. (enter on S. 45<sup>th</sup>) 510-620-6654

Monday 7a-10a	Tuesday 5-8p	Wednesday 7-10a	Thursday 5-8p	Friday 7-10a	Saturday 12-3p	Sunday 8a-1p
7am – 7:45am		7am – 7:45am		7am – 7:45am		
8am – 8:45am		8am – 8:45am		8am – 8:45am		8am – 8:45am
9am – 9:45am		9am – 9:45am		9am – 9:45am		9am – 9:45am
						10am – 10:45am
						11:00am-11:45am
					12pm – 12:45pm	12:00-1:00pm <i>*For disabled/elderly</i>
					1pm-1:45pm	
					2pm – 3pm <i>*For disabled/elderly</i>	
	5pm - 5:45pm		5pm - 5:45pm			
	6pm – 6:45pm		6pm – 6:45pm			
	7pm – 7:45pm		7pm – 7:45pm			

All Pool Use is still on a registration basis. NO DROP-IN swims at this time. Please see next page for Program info

No SHOES, No SHIRT, No Problem. No MASK, NO ENTRANCE.

**Pool Rules** - See posted signs at pool or website for regular pool rules and additional information. For the safety of our patrons and staff, Lifeguards have the authority to interpret and enforce the rules.

**Register in Advance**- You may [REGISTER ONLINE](#). Please see our [webpage](#) for information on how to get registered under the section "Instructions for Reserving Pool Times Online"

**Pool Use Program Fees:**

**Adults** \$7 for Richmond residents; \$8.75 for non-residents

**Children** \$4 for Richmond residents; \$5 for non-residents

**Program Options: (2 people per lane in most lane, effective 8/1/21)**

**Lap Swim** – ages 16 & up; must continuously swim laps. Deep and shallow lanes are available for lap swimming.

**Deep Water Walking** - Lanes that ranges from 4-7 ft. deep designated for those who want to do water exercises in deeper water.

**Shallow Water Walking** – Lanes ranging from 3-4 ft. deep for those who want to walk back & forth or do stationary exercises in shallow water.

**Disabled/elderly** – These sessions are intended for those with mobility issues or needs who need a little extra time to exit the pool and facility. We ask all other patrons to avoid coming during these sessions so our disabled/elderly community can use this time. If there are reservation openings 48 hours prior to this time slot, it can be reserved by anyone.

**Family Recreation Swim** – blue highlighted times are available for pre-reserved Family Recreation Swim in the shallow end. The Saturday and Sunday afternoon sessions will have limited deep end space open.

**\*Masters/Sailfish** – Lanes 1-5 will not be available during these blocks of time when [Richmond Swims](#) Masters workouts and/or Sailfish youth swim team is resuming their workouts.

**Shared Pool Equipment:** Use of shared equipment is now allowed. This includes pool noodles (for exercise only), kickboards, pull buoys, float belts and hand weights. Please return any used equipment neatly to its location when you are done.

**Email updates:** Please send your full name in an email to [richmondplunge@ci.richmond.ca.us](mailto:richmondplunge@ci.richmond.ca.us) if you would like to receive updates about Richmond pool

**Additional Pool Rules for COVID-19**

- Please pre-shower prior to arrival. We ask that you arrive and leave wearing swimsuits to avoid crowding in the locker rooms.
- **Locker rooms & showers are available, but must be used during your allocated swim time. Masks must be worn in the facility (including in the locker room). The facility must be cleared on the 50 in order to prepare for the next group.**
- Patrons will be checked in after answering Health Screening questions before coming into facility.
- Records of attendance will be kept for the purpose of contact tracing, if needed. No visitors or non-registered patrons may enter the building. Please ask staff if you require a caregiver's assistance.
- Abide by ground and other markings for distancing and designated areas for belongings.
- One person per lane (swim in center of lane) through July 31
- Two people per lane (split the lane), beginning August 1.
- Lanes will be assigned according to activity and speed, as best as possible.